

High School and Post-Secondary

This document has been updated to include the best references for the required Tallo Uploads. In addition to this document, please refer to the event guidelines and follow the rubrics as close as possible. Modifications to the rubrics will be made to align to the requested uploads below.

Online Testing Window: February
1st - February 19th.

All students from the same school that are competing in the same event must login to start testing within 24 hours of each other.

For team events, all team members must login to start testing within **60 minutes** of each other. Tests will be time stamped and HOSA will be monitoring to ensure all team members comply.

For TEAM events that require a Tallo upload, only ONE team member is required to upload materials.

Event Summary Chart

Event	Abbreviation	Category	Team/ Individual	Event/ Round 1	Round 2
Epidemiology	EP	Emergency	Individual	Written Test with an Essay Tie Breaker. The same time limits will be used for testing as explained in the original event guidelines (60 minutes, 90 minutes, or 120 minutes), with the exception of Medical Term and Dental Term. (They have 45 min. time limit) Students from the same school need to test within the same 24 hour window.	None
Behavioral Health	BH	Hlth Science	Individual		
Cultural Div. Disparities in Healthcare	CDD	Hlth Science	Individual		
Health Informatics	HI	Hlth Science	Individual		
Human Growth & Dev.	HGD	Hlth Science	Individual		
Medical Law and Ethics	MLE	Hlth Science	Individual		
Medical Math	MM	Hlth Science	Individual		
Medical Reading	MR	Hlth Science	Individual		
Nutrition	NUT	Hlth Science	Individual		
Pathophysiology	PAT	Hlth Science	Individual		
Pharmacology	PHA	Hlth Science	Individual		
Health Care Issues Exam	HCIE	Recognition	Individual		
Dental Terminology	DT	Hlth Science	Individual		
Medical Terminology	MT	Hlth Science	Individual		
CERT Skills	CERT	Emergency	Team (2)	Written Test with 2 scenarios as part of the test. For team events (EMT, CPR, CERT), all team members must login to start testing within 60 minutes of each other. The same time limits will be used for testing, as explained in the original event guidelines (60 minutes, 90 minutes, or 120 minutes). No round 2 skill demonstrations will be done. Instead, all skill events will have two open ended scenario/essay questions that will be judged in case of a tie. Competitors will be asked to type their responses to these questions as part of the online test. No additional time will be added	None
CPR/First Aid	CPR	Emergency	Team (2)		
Emergency Med. Tech.	EMT	Emergency	Team (2)		
Biomedical Lab. Sci	BT	Health Prof.	Individual		
Dental Science	DS	Health Prof.	Individual		
Home Health Aide	HHA	Health Prof.	Individual		
Medical Assisting	MA	Health Prof.	Individual		
Nursing Assisting	NA	Health Prof.	Individual		
Pharmacy Science	RX	Health Prof.	Individual		
Physical Therapy	PT	Health Prof.	Individual		
Sports Med	SM	Health Prof.	Individual		
Veterinary Science	VS	Health Prof.	Individual		
Life Support Skills**	LSS**	Emergency	Individual		
Personal Care**	PC**	Health Prof.	Individual		
Extemporaneous Writing	EW	Leadership	Individual	Will be done online during testing window. Prompt will be given as a question, and students will type their essay in the response window. Points for formatting have been removed from the rubric	
MRC Partnership	MRC Part	Emergency	Team (2-6)	Tallo Upload: Video of recorded presentation, portfolio, and partnership verification form	Tallo Upload
Public Health	PH	Emergency	Team (2-6)	Tallo Upload: Video of recorded Round 2 presentation.	
Health Career Photography	HCP	Leadership	Individual	Tallo Uploads: Video of Round 2 Presentation and all pages of the portfolio	
Healthy Lifestyle	HL	Leadership	Individual	All competitors will take the online test. Tallo Upload: Video of recorded presentation and all pages of the portfolio.	
Prepared Speaking	PS	Leadership	Individual	Tallo Upload: Video of recorded speech	
Research Poster	RP	Leadership	Individual	Secret Topic Posted February 1st. Tallo Upload: 1-3 photos of your completed poster	
Researched Persuasive Writing and Speaking	RPS	Leadership	Individual	Tallo Upload: Video of recorded speech and research paper.	
Speaking Skills**	SS**	Leadership	Individual	Tallo Upload: Video of recorded speech	
Barbara James Service Award	BJSA	Recognition	Individual		
HOSA Happenings	HOSAHapp	Recognition	Individual		
HOSA Service Project	NS	Recognition	Individual		
Outstanding HOSA Achievement	OHA	Recognition	Individual		
Outstanding HOSA Leader	OHL	Recognition	Individual		
Clinical Specialty	CL	Health Prof.	Individual	Tallo Upload: Video of recorded presentation, portfolio and link to skill video.	UPDATED--This does NOT have a round 1 test
Community Awareness	CA	Teamwork	Team (2-4)	Tallo Upload: Video of recorded presentation and portfolio	
Health Education	HE	Teamwork	Team (2-4)	Tallo Upload: Video of recorded presentation and portfolio	
Public Service Announcement	PSA	Teamwork	Team (3-6)	Tallo Upload: Video of recorded Round 2 presentation; link to PSA video; reference page; copyright forms; airdate form; and validation form.	

Health Career Display	HCD	Teamwork	1-2	Tallo Upload: Video of recorded presentation; up to 8 slides; and reference page. For this year, to best showcase your information, you may use a maximum of 8 slides to display your information. Those slides can be the actual information, or pictures of your trifold display. Your video recording should be as if you are presenting to judges in person.	
Medical Innovation	MI - Original	Teamwork	1-4	Tallo Upload: Video of full recorded presentation; up to 10 slides; reference page. No link to video summary is required. For the slides: This year, to best showcase your innovation and information, you may use a maximum of 10 slides to display your information. Those slides can be photos from various angles and actual information you would have displayed with your trifold. Your video recording should be as if you are presenting to judges in person.	
Creative Problem Solving	CPS	Teamwork	Team (3-4)	Secret topic will be released February 1st. Students will have until February 19th to upload the recorded presentation on Tallo AND complete the online exam. Team members must ALL start their test within 1 hour.	
Parliamentary Procedure	PP	Teamwork	Team (5-8)	Tallo Upload: Recorded meeting and secretary's minutes. Secret topic will be released February 1st. Students will have until February 19th to upload the recorded presentation on Tallo AND complete the online exam. Team members must ALL start their test within 1 hour. TEST Time limit is 30 minutes. Written Exam will have 50 Questions rather than 35.	
Interviewing Skills**	IS**	Leadership	Individual	Round 1: Cover Letter and Resume uploaded on Tallo	Round 2: Live Interviews Monday, March 15th by appointment
Job Seeking Skills	JSS	Leadership	Individual		
Forensic Science	FS	Teamwork	Team (2)	Round 1 - Both team members must login to start testing within 60 minutes of each other.	Round 2: Live Event Monday, March 15th (6:00 pm)
Medical Spelling	MS	Hlth Science	Individual	Round 1: Written Test during testing window (30 minute time limit)	Round 2: Live Virtual Spell Down Tuesday, March 16th
Biomedical Debate	BD	Teamwork	Team (3-4)	Round 1: Written Test. ALL team members must login to start testing within 60 minutes of each other.	Round 2: Live Event Wednesday, March 17th
HOSA Bowl	HB	Teamwork	Team (4)	Round 1: Written Test. ALL team members must login to start testing within 60 minutes of each other.	Round 2: Live Event Thursday, March 18th

**Student must be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA) to participate.