

Middle School

Online Testing Window: February 1st - February 19th.

All students from the same school that are competing in the same event must login to start testing within 24 hours of each other.

For team events, all team members must login to start testing within **60 minutes** of each other. Tests will be time stamped and HOSA will be monitoring to ensure all team members comply.

For TEAM events that require a Tallo upload, only one member of the team must provide the upload.

Event Summary Chart

Event	Abbreviation	Category	Team/ Individual	Event/ Round 1	Round 2
Health Career Exploration	M-HCE	Hlth Science	Individual	Written Test with an Essay Tie Breaker. The same time limits will be used for testing as explained in the original event guidelines (60 minutes, 90 minutes, or 120 minutes). Students from the same school need to test within the same 24 hour window.	None
Foun. of Med. Term.	M-FMT	Hlth Science	Individual		
Math for Health Careers	M-MHC	Hlth Science	Individual		
Medical Reading	MR	Hlth Science	Individual		
Nutrition	NUT	Hlth Science	Individual		
Life Threatening Situations	M-LTS	Emergency	Team (2)	Written Test with 2 scenarios as part of the test. All team members must login to start testing within 60 minutes of each other. The same time limits will be used for testing, as explained in the original event guidelines	None
Public Health	PH	Emergency	Team (2-6)	Tallo Upload of full presentation (normally Round 2)	None
Healthy Lifestyle	HL	Leadership	Individual	All competitors will take the online test and upload both their portfolio and video presentation	
Prepared Speaking	PS	Leadership	Individual	Tallo Upload (Recorded Video)	
Speaking Skills**	SS**	Leadership	Individual	Tallo Upload (Recorded Video)	
Barbara James Service Award	BJSA	Recognition	Individual	Tallo Upload	
HOSA Happenings	HOSAHapp	Recognition	Individual		
HOSA Service Project	NS	Recognition	Individual		
Health Education	HE	Teamwork	Team (2-4)	Tallo Upload: Portfolio and Recorded Video Presentation	
Health Career Display	HCD	Teamwork	1-2	Tallo Upload: Slide presentation maximum of 8 slides and recorded video presentation	
Exploring Medical Innovation	M-EMI	Teamwork	Team (1-4)	Tallo Upload: Video of full recorded presentation; up to 10 slides; reference page. No link to video summary is required. For the slides: This year, to best showcase your innovation and information, you may use a maximum of 8 slides to display your information. Those slides can be photos from various angles and actual information you would have displayed with your trifold. Your video recording should be as if you are presenting to judges in person.	
Dynamic Decisions	M-DD	Teamwork	Team (3-5)	Secret topic will be released February 1st. Students will have until February 19th to upload the recorded presentation on Tallo AND complete the online exam. Team members must ALL start their test within 1 hour.	
Extemp. Health Poster	M-EHP	Leadership	Individual	Secret topic will be released February 1st. Students will have until February 19th to upload pictures of their poster.	
Health Career Prep	M-HCP	Leadership	Individual	Round 1: Cover Letter and Resume uploaded on Tallo	Round 2: Live Interviews (Tentative: Monday, March 15th)

**Student must be classified under the provision of the 2004 reauthorized Individuals with Disabilities Education Act (IDEA) to participate.